

“APPROVE”

Medical prevention and public health,  
ecology and environmental protection and  
Dean of the Faculty of Chemistry *F. I. Salomova*  
“ ”  
\_\_\_\_\_  
2024 year



**THEMATIC PLAN**

**Department:** Hygiene of children, teenagers and hygiene of nutrition

**Science:** Nutrition hygiene

**Faculty:** Medical prevention and public health

**Course:** 5 (S.....a,b )

**Semester:** 9-10

**Hours allocated:** 18

**LECTURE CLASSES**

No	Lecture topics	Hour
1	The importance of seafood in the diet of the population	2
2	Hygienic aspects of studying the nutrition of certain population groups.	2
3	Hygienic principles of food poisoning.	2
4	Nutrition for pregnant and lactating women	2
5	Nutrition for young and old	2
6	Dietary supplements	2
7	Genetically modified foods	2
8	Diseases of civilization	2
9	The importance of nutrition during the Covid-19 pandemic	2
<b>Total</b>		<b>18</b>

**Department head, professor**  
**Responsible for educational work, Sen. lect.**

A handwritten signature in blue ink, likely belonging to N. J. Ermatov.

**N. J. Ermatov**  
**B. B. Ortikov**